

MIRACLE CREATION PROCESS

Welcome to the Miracle Creation Process!

Miracles are available to us at any time.

Here's the secret, miracle creation is an active process where we co-create our desires with the Universe.

This sheet is designed to support you to:

1. Identify the place you want or need miracles the most.
2. Transform it into a possibility for you mentally and emotionally.
3. Give you concrete and actionable steps you can take to support the creation of the miracle.

Steps:

1. Identify what you think is out of your reach, the thing you most want to change or create and fill this in Box 1.
2. Rewrite the statement as if you already have it in your life. Place this in Box 2. This may feel uncomfortable but keep going!
3. Describe how it makes you feel when you align with the vibration of having this in your life - stick with the positive feelings and fill them in Box 3.
4. List 3 Actionable Steps you can do, including behaviour changes and mindset changes, so that you can have this Miracle. Place in Box 4.
5. Choose an affirmation from below the table or create your own.
6. Create a small ritual and say the prayer (or your own version). This is a way of aligning your energy with the universe and being open to co-create this miracle.
7. Revisit the affirmation regularly and the prayer, too if it is helpful.
8. Stay present for the miracle.
9. Repeat the process as your needs change and evolve.

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1. MIRACLE What would you like in your life that, if you had it would seem like a miracle:	2. I HAVE THIS NOW Rewrite your miracle as though you have it in your life now:	3. IT MAKES ME FEEL... Tune in and write down how it makes you feel to have this:	4. THREE STEPS List 3 steps you can take now to create this in your life:
e.g. It would be a miracle for me to be able to value myself and treat myself with kindness.	e.g. I value myself and treat myself with kindness.	e.g. Safe, cared for, aligned and empowered.	e.g. 1. I can stop over scheduling my time And clear out some non essential appointments. 2. I can create a Monday night ritual that helps me slow down and nurture myself. 3. I can create a morning routine that I love so I start the day powerfully.

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Affirmation

(Pick one or create your own)

- Let what is mine by divine right manifest in my life now for the good of all.
- I am ready and I step back and allow the Universe to work her magic and for the creative wheels to turn. Let it be this or something better.
- I surrender to Divine will and allow myself to receive what is meant to be.

Prayer

Universe thank you for supporting me to create a life that I love.

Allow me to see that I am worthy, loved and deserving of beauty and abundance in my life.

Release me from patterns of self sabotage, destruction, from the ways I block receiving good things, abundance, health and wellbeing into my life.

Show me the steps to take so I may create miracles in my life, create love, prosperity, a life of service, creativity, flow, peace and kindness.

Thank you. It is so.